



You are cordially invited to a

Day of Reflection

"CULTIVATING INNER PEACE"

Wednesday, December 1, 2021


10 AM to 2:00 PM


Kintore College and Cultural Centre

75 Charles St. West, Toronto, ON

Seating capacity is limited and COVID-19 protocols will be followed. Please refer to page 2 of this invitation for further details on how to register.

The spiritual activities at Kintore College and Cultural Centre are entrusted to Opus Dei, a Prelature of the Catholic Church.





Email registration@pev.ca by November 28 to confirm your attendance.

- Lunch is included. Please let us know of any dietary restrictions.
- \$40 is suggested to defray the cost of the luncheon & facility.
- Cash or cheque will be accepted at the registration desk OR
- E-transfer via accounting@pev.ca
- Public parking is available within the vicinity
- Contact Karen Nivet - knivet@rogers.com or Maritess 647-459-1444 for any further questions.



Schedule of Activities

10:00	Welcome/Coffee ***
10:30	Meditation
11:10	Brief Examination of Conscience/Spiritual Reading ***
11:30	Holy Mass
12:20	Talk
1:00	Lunch

*** An opportunity for confession/spiritual Direction will be available during this time.