



You are cordially invited to a

Day of Reflection

"Giving Ourselves with Love"



Thursday, April 7, 2022

10 am to 2:00 PM

Kintore College and Cultural Centre

75 Charles St. West, Toronto, ON

The spiritual activities at Kintore College and Cultural Centre are entrusted to Opus Dei,
a Prelature of the Catholic Church.

Email registration@pev.ca by
March 31 to confirm your attendance.

- Lunch is included. Please let us know of any dietary restrictions.
- \$40 is suggested to defray the cost of the luncheon & facility.
- Cash or cheque will be accepted at the front desk OR
- E-transfer via accounting@pev.ca (please include "Day of Reflection" in the message box)
- Public parking is available within the vicinity
- Contact Karen Nivet knivet@rogers.com or Maritess Gaa 647 459 1444 for any further questions

Schedule of Activities

- 10:00 Welcome/Coffee***
- 10:30 Meditation
- 11:10 Brief Examination of Conscience/Spiritual Reading***
- 11:30 Holy Mass
- 12:20 Talk
- 1:00 Lunch

***An opportunity for Confession/Spiritual Direction will be available during this time.