



THURSDAY EVENING
JUNE 17TH, 2021
7:30 - 8:30 PM
COST: \$10

Achieving Inner Harmony

Each person is a complex combination of body, mind, spirit and emotions. Achieving balance and harmony in the whirlwind of life can be challenging!

Join us and learn how integrating our emotional life will help us live serenely.

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(Please type 'Inner Harmony' in *Message to Contact* field)

A Zoom link will be forwarded to you upon registration.

Our guest speaker, Susana Christiansen, after completing a BA in literature and philosophy, pursued graduate studies, earning both Masters and Doctorate degrees in philosophy. In this talk, she will share the wealth of expertise she gained through her dissertation on the dynamic unity of human action.

